

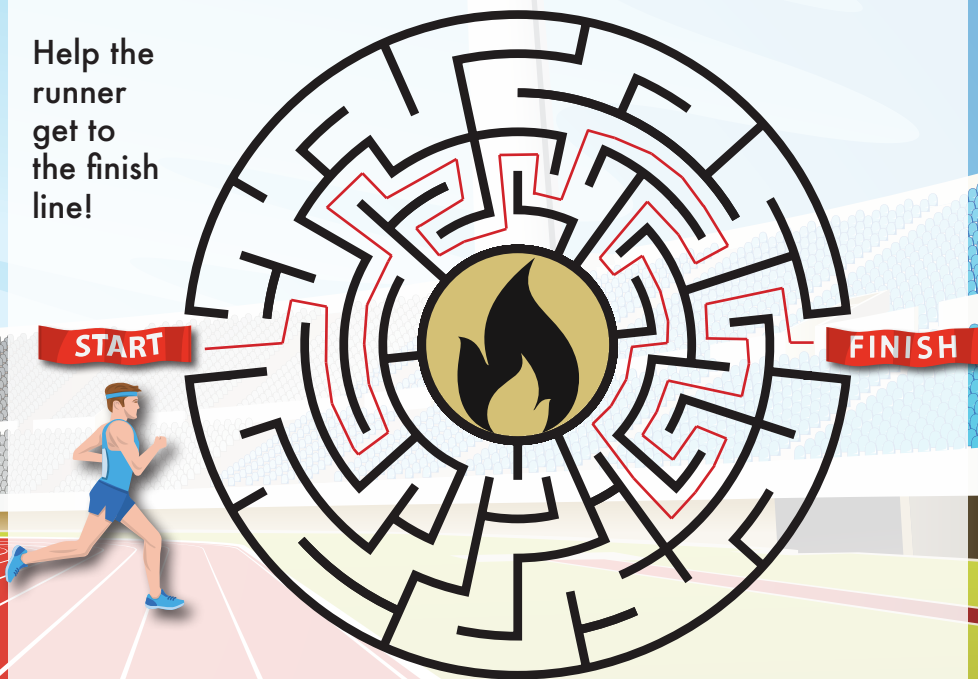
TEAR-OUT ACTIVITY

PAGE

Tear this page out and do the activities on the front and back. Then mail it back to us to earn a Harvey sticker!

Your First & Last Name: _____

Help the runner get to the finish line!



BONUS CHALLENGE: LONG JUMP!

Show us how far you can jump! Go outside and use sidewalk chalk, a stick, rocks, or whatever you can find to mark a starting line. Take your best jump and mark where you land. If you have a tape measure, measure how far you jumped! If you get an adult to help you, you can take a video of your jump and go to havenforkids.fun to send it to us!

"All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize." - 1 Corinthians 9:25

FUN WITH AN ANCIENT CODE!

All this talk about sports might be fun, or it might make you feel insecure. If that's the case, this verse is a good one to know! Remember, God loves you and made you exactly the way He wants you to be!

Use the code below to solve in the secret message. You can find this verse in 1 Timothy 4:8 in your Trailbook or Bible.

∇	↯	≡	▷	∃	Φ	∧	H	ℷ
A	B	C	D	E	F	G	H	I
ℷ	↯	∇	∩	∪	○	∩	⊗	∩
J	K	L	M	N	O	P	Q	R
∩	T	∪	∩	Ω	X	∪	I	
S	T	U	V	W	X	Y	Z	

" **Physical** training is **good**, but training for

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godliness is much **better**, promising **benefits**

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in this **life** and in the life to **come**."

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- 1 Timothy 4:8

