



YOUTH HAVEN

KIDS' CONNECTION

Harvey and his friends are going on an adventure in the world of Inside Out!

If you've seen the movie Inside Out, you know it's all about emotions. There are a lot of emotions inside us that we feel every day. Things like joy, sadness, fear, and even anger often come out through the way we act when we feel those feelings.

God made humans special because we feel emotions. He gave us feelings to help us make good choices and care about other people. Our emotions also help us feel how much God loves us so we can love Him more, too!

Follow along to see what Harvey and his friends are learning!



Youth Haven Kids' Central
PO Box 97
Rives Junction, MI 49277

INSIDE OUT:

HOW WE FEEL ON THE INSIDE AND HOW WE ACT ON THE OUTSIDE



Sometimes things happen in our lives that make us feel sad, afraid, or angry. No matter how we feel, we can't let our feelings make us do things that are wrong, like hurting someone else.

We can learn a lot about that from a man named Joseph, who lived a very long time ago. You can read about him in Genesis 37-50 in your Trailbook or Bible.

Joseph loved God and wanted to follow Him, but it seemed like bad things were always happening to him! His brothers were jealous of him, so they sold him as a slave and he was taken to Egypt. While he was there, he got thrown in prison for something he didn't even do.

He probably felt sad, lonely, and afraid. But he kept doing what he knew was right and never treated anyone else badly. He had joy in his heart because he knew God was with him, and he trusted God's plan for him and everything he was going through.



Then Pharaoh, the king of Egypt, had two strange dreams. God told Joseph the dreams meant that in a few years, no crops would grow and people would run out of food. When Joseph told Pharaoh, Pharaoh put him in charge of saving up food before that happened, so the people would have enough to eat. When Joseph's family ran out of food, his brothers came to Egypt to get more. Joseph realized God had sent him to Egypt to save his family when they couldn't grow food!



HARVEY AND FRIENDS

Brutus is an American bison. Did you know that is our nation's national mammal? Here are some cool facts about American bison:

- **They are the largest mammal in North America. Males can grow to be 6 feet tall and weigh 2,000 pounds!**
- **A baby bison is called a "red dog" because it is born with red hair.**
- **You can tell how a bison is feeling by its tail. When it hangs down and swishes naturally, the bison is feeling calm. But if its tail is standing straight up, watch out! It may be angry and ready to charge.**



Learn more at HavenForKids.fun

THINK ABOUT IT

Joseph could have been really angry with his brothers for what they did to him. When someone hurts us, sadness and anger can make us want to hurt them back. But that is never what God wants us to do!

Instead of being angry with his brothers and sending them back without food, he forgave them, gave them food, and invited them to come live in Egypt where there was lots of food!

No matter what we're going through, God knows what's best, and He has a plan. Even if it's hard, He cares about us and He is with us. If we trust and obey Him, we can have joy in our hearts just like Joseph did!



TEAR-OUT ACTIVITY PAGE

Do the activities on the front and back of this page. Then tear or cut it out and send it back to us, and we'll send you a Harvey mail sticker!

Your First and Last Name: _____



HIDDEN OBJECTS

Find the 10 hidden objects in the picture and circle them. Then write or draw your answers to the questions. See the answers at havenforkids.fun!



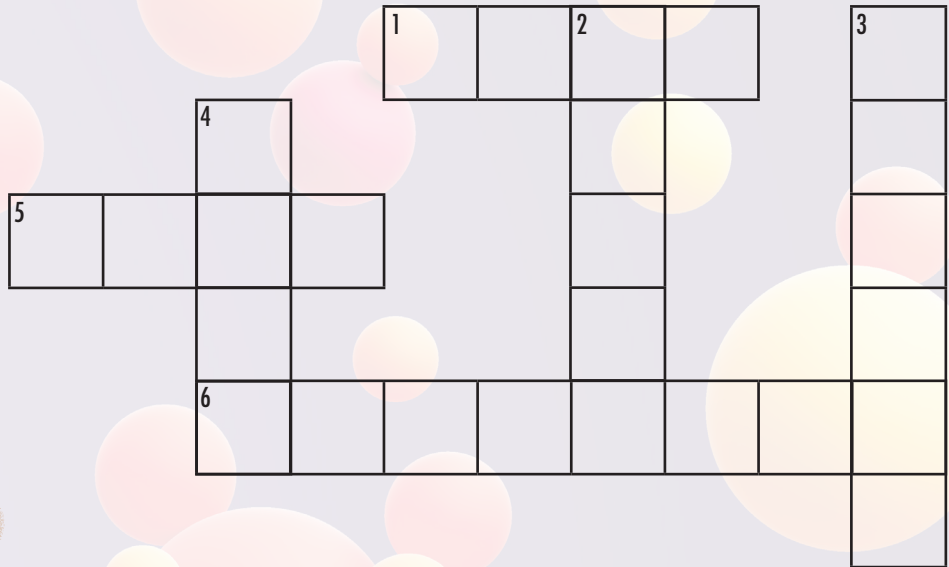
How does this grandma feel?

How can you tell?

What is one thing you can do to help someone who feels this way?

VERSE CHALLENGE

Find Jeremiah 29:11 in your Trailbook, Bible, or at havenforkids.fun and use it to fill in the blanks and complete the crossword puzzle!



Jeremiah 29:11

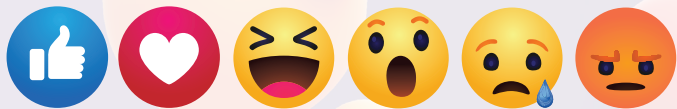
For I know the _____ I have for you," says the _____. "They
are plans for _____ and not for _____, to give you a
_____ and a _____.

(Note: The blank positions correspond to the crossword puzzle grid: 2 Down, 4 Down, 5 Across, 6 Across, 3 Down, 1 Across)



TALK TO GOD

God, I feel...



Thank you for...

I feel this way because...

Please help me...

IN MY WORLD



REAL-LIFE INSIDE OUT HOUSE

Did you know there is an actual Inside Out House in Las Vegas, Nevada? Each room in the house is based on one of the emotion characters from the movie. There's also a headquarters room, where you can pretend you're one of the characters controlling the emotions of Riley, the main human character from the movie.



You can do a scavenger hunt full of feelings, eat pizza with toppings based on your feelings, create your own core memory ball, play air hockey, and even sleep in one of the emotions' bedrooms!

CHALLENGE

Here are the 5 emotions from the first Inside Out movie.



ANGER



DISGUST



FEAR



SADNESS



JOY

On a blank piece of paper, draw your own version of an emotion. It can be one of these feelings or a different one. Write what feeling it is and send it back to us with your Tear-Out Activity Page!